Liver Biopsy Results for Patients with Chronic Hepatitis C
(A Patient Education Tool for use at time of Office Visit for Discussion of Liver Biopsy Results)

- **Grade** (Amount of inflammation or ongoing liver damage)
  
  ________ Rated on a scoring system from 0 to 4

- **Stage** (Amount of scarring or damage already done to the liver)
  
  ________ Rated on a scoring system from 0 to 4

**Genotype and Viral Level** are important factors determining response and length of treatment.

- Your Genotype is _______________
- Your Viral Load is: Low    High

With your genotype and viral load, your chance of cure or eradicating the virus with treatment is approximately ___________

**Other medical conditions that need to be considered prior to treatment:** pregnancy, depression, anxiety, diabetes, hypertension, psoriasis, seizures, migraines, autoimmune disease and kidney disease

**Recommended approach to your care:**

☐ Conservative
  - No treatment at this time
  - Re-biopsy your liver in 3-5 years
  - Continue to avoid alcohol

☐ Begin treatment
  - The medication(s) used for your treatment will be:

  __________________________________________________________________________

  Possible side effects which may be experienced while receiving treatment with Interferon/Ribavirin include: Flu-like symptoms such as headaches, joint pain and muscle aches, fatigue, depression, irritability, insomnia (difficulty sleeping), loss of appetite, nausea, vomiting, diarrhea, thinning hair, dry skin, skin irritation around the injection site, and possible problems with your thyroid function, which we will monitor throughout your length of treatment. Some people experience many of the side effects listed above, while others do not experience any.

  - Your length of treatment will be _________________________

**Resources:**
National Digestive Diseases Information Clearinghouse (NDDIC).
Chronic hepatitis C: current disease management.

American Liver Foundation
  [http://www.liverfoundation.org](http://www.liverfoundation.org)